

SRF World Convocation 2024 - Programm in Kriftel vom 14. bis 19. Juli

	SUN 14	MON 15	TUE 16	WED 17	THU 18	FRI 19
GMT+02	Programm in Kriftel mit Mönchsbesuch with Monastic Visit					
10 AM	Meditation 10 – 10:45am	Aufladeübungen EE, 10am Meditation 10:15am – 12:30pm	Meditation 10:15 – 11am			
11 AM	Gottesdienst Service 11am – 12pm					
12 PM	Gruppenfoto Picture, 12		Allowing Joy to Be a Part 11:30am – 12:30pm			
1 PM	Mittagessen Lunch 12:30 – 2pm	Mittagessen Lunch 1 – 2:30pm	Mittagessen Lunch 1 – 2:30pm			
2 PM						
3 PM	Convocation Opening 2024 2:30 – 3:30pm	Satsanga (Bro Muktananda) 3 – 4pm	Recharging the Body With 2:45 – 3:45pm			
4 PM	Fellowship Glimpses of 4 – 5pm	Beratungsgespräche Co 4 – 5pm	Beratungsgespräche Co 4 – 5pm			
5 PM	Meditation 5:15 – 6pm	Convocation Meditation + Kirtan (Streaming) 5 – 8pm	Abschlussprogramm Clo 5 – 6pm	Meditation mit Bro. Chidananda (Live Stream) 5 – 8pm		Meditation: Sr. Yogamayee (Live Stream) 5 – 8pm
6 PM						
7 PM	Essengehen Dine Out 6:30 – 8pm		Essengehen Dine Out 6:30 – 8pm			
8 PM				Bro. Satyananda Talk (Au 8 – 9pm		
9 PM						Bro. Nikhilananda: Medita 8:30 – 9:30pm

Orange: von Mönchen geleitete Veranstaltung | **Grün:** gemeinsame Veranstaltungen | **Violett:** individuelle Gespräche | **Gelb:** Streaming